

## THAD Therapeutic Horticulture Activity Database

### THAD Contributors Guidelines

Please consider contributing a therapeutic horticulture activity to the Therapeutic Horticulture Activity Database (THAD). We request that activities have been delivered as therapeutic horticulture.

<https://hort.ifas.ufl.edu/therapeutic-horticulture-activities-database/>

THAD is a collaborative project providing a free online database of therapeutic horticulture activities. It was initiated in 2023 by Diane Relf, the THAD Working Group which includes the Florida Horticulture for Health Network, Nova Scotia Horticulture for Health Network, California Horticultural Therapy Network, Mid Atlantic Horticultural Therapy Network, Carolinas Horticultural Therapy Network, and the University of Florida Certificate in Horticultural Therapy.

The following guidelines are being used to provide consistency and quality assurance.

Activities will be reviewed by HT professionals and must comply with standards of practice and principles of the horticultural therapy field per the American Horticultural Therapy Association <https://ahta.memberclicks.net/standards-of-practice-for-horticultural-therapy>

The activity will be presented concisely in one or two pages, providing information in a word file which will be pdfd by the working group prior to publication. Contributors and photographers agree to share their content understanding no payment will occur and it will be made available online. Each activity must include the following essential elements:

- description of activity
- therapeutic goals
- step by step process for delivery
- materials list
- safety considerations
- applications for populations
- photo if possible
- and contributing author and photographer with attribution if previously published

Activities can be written so that the activity & its points pertain to specific populations. The title will contain the name of the population. Please be specific about how activity would apply to the specific population.

Or activities can be written more generally with applications for multiple populations. demonstrating modifications or applications. These will be listed as All Populations.

Photo permission of people & images must be obtained by contributor prior to submission. Photos of people's faces or other identifying marks must be obscured. It is assumed that by submitting the TH activity the above have been done.

A liability statement releasing THAD & authors from liability when the activity is utilized is stated on THAD homepage.

“The information presented on this website is published in good faith and intended for general information purpose only. We do not make any warranties about the completeness, reliability, and accuracy of this information. Any action you take upon the information on our website is strictly at your own risk. and we will not be liable for any losses and damages in connection with the use of our website”.

### **Formatting**

A sample format *THAD activity template* is available. If you have trouble formatting content & photo into form, use the headings as best you can..it will be adjusted by THAD. When using THAD format, you may have to use cursor to move text boxes, photos & titles around. When inserting photo, you will need to wrap text “tight” so it will stay in place or attach photo at bottom (so it may exceed 2 pages in this instance) using the current photo in template as a placeholder.

THAD reserves the right to edit or modify contents and submitting the activity implies consent. Contributors may not necessarily be notified of edits.

### **Submission Process**

Please send TH activity to [THADnetwork@gmail.com](mailto:THADnetwork@gmail.com)

It will be reviewed by HT practitioners, possibly edited, then pdfd prior to being published online in the THAD database. Contributors will be notified when activity is published in THAD.

Thank-you for sharing your TH activity.

THAD Working Group  
1.2.24