Passion Fruit

Passiflora edulis^1

Edward F. Gilman^2

Introduction

Passion Fruit is an evergreen, flowering vine from Brazil that climbs by tendrils (Fig. 1). Its height and spread varies depending on the structure it climbs on. The flower is a nice purple and white and generally reaches a width of 3 to 5 inches. Each unique flower lasts about one day appearing in the summer and early fall. The showy fruit grows 2 ½ to 3 inches long and is edible and often used in juices. It is quite tasty and is occasionally served fresh. The evergreen leaves are deeply cut into three lobes with entire margins.

General Information

Scientific name: Passiflora edulis
Pronunciation: pass-siff-FLOR-ruh ED-yoo-liss
Common name(s): Passion Fruit
Family: Passifloraceae
Plant type: vine
USDA hardiness zones: 9B through 11 (Fig. 2)
Planting month for zone 9: year round
Planting month for zone 10 and 11: year round
Origin: not native to North America
Uses: screen; attracts butterflies; attracts hummingbirds; cascading down a wall
Availability: somewhat available, may have to go out of the region to find the plant

Description

Height: depends upon supporting structure
Spread: depends upon supporting structure

Foliage

Leaf arrangement: alternate

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Leaf type: simple
Leaf margin: lobed
Leaf shape: ovate
Leaf venation: palmate; pinnate
Leaf type and persistence: evergreen
Leaf blade length: 4 to 8 inches
Leaf color: green
Fall color: no fall color change
Fall characteristic: not showy

Flower

Flower color: purple, white
Flower characteristic: summer flowering; fall flowering

Fruit

Fruit shape: oval
Fruit length: 1 to 3 inches
Fruit cover: dry or hard
Fruit color: yellow
Fruit characteristic: suited for human consumption

Trunk/bark/branches: not applicable
Current year stem/twig color: green
Current year stem/twig thickness: medium

Culture

Light requirement: plant grows in full sun
Soil tolerances: occasionally wet; acidic; slightly alkaline; sand; loam; clay;
Drought tolerance: moderate
Soil salt tolerances: poor
Plant spacing: 36 to 60 inches

Other

Roots: not applicable
Winter interest: no special winter interest
Outstanding plant: plant has outstanding ornamental features and could be planted more
Invasive potential: aggressive, spreading plant
Pest resistance: long-term health usually not affected by pests
Use and Management

Passion Fruit can be supported on a fence, trellis or arbor. Fertilize two or three times each year to maintain vigorous growth.

Passion Fruit is moderately drought tolerant and can be grown in different soils. This plant does require a position in the landscape that receives full sun for best flowering and fruit production. Passiflora alatocaerulea is widely planted, and forms no fruit. There are many other exotic or introduced Passiflora species grown in tropical climates.

There are at least six native species of Passiflora in Florida, incarnata, lutea, multiflora, pallens, sexflora, and suberosa. Passiflora incarnata is by far the most showy with pink and purple 4-inch-wide flowers appearing in the warm months. Although its natural range extends only slightly into south Florida, it can probably be grown in most of south Florida with little trouble. In most cases, this plant would be preferable over introduced species such as Passiflora foetida which has become invasive in Palm Beach County and is spreading.

Passion Fruit is propagated by seeds or cuttings.

Pests and Diseases

Nematodes can be a serious problem. Caterpillars slow growth by eating foliage.