

Cooperative Extension Service Institute of Food and Agricultural Sciences

Nelumbo nucifera¹

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Introduction

Lotus is a non-native aquatic plant requiring plenty of space and a full sun location to thrive (Fig. 1). It is nothing less than spectacular in bloom, the soft pink blossom up to 8-inches across opening on top of a stiff stalk emerging directly from below the water. The easily recognized, large fruit structure develops as the flower opens and turns brown when the flower fades and the petals fall into the water. Leaves are enormous, sometimes reaching 2 feet across. The fruit is often used by professional florists in dried arrangements.

General Information

Scientific name: Nelumbo nucifera Pronunciation: nee-LUM-boe noo-SIFF-fer-ruh Common name(s): Lotus Family: Nymphaeaceae Plant type: aquatic plant USDA hardiness zones: 5 through 10 (Fig. 2) Planting month for zone 7: year round Planting month for zone 8: year round Planting month for zone 9: year round Planting month for zone 10: year round Origin: not native to North America Uses: water garden Availablity: somewhat available, may have to go out of the region to find the plant



Figure 1. Lotus.

Spread: 4 to 8 feet Plant habit: upright Plant density: open Growth rate: fast Texture: coarse

Height: 5 to 8 feet

- This document is Fact Sheet FPS-424, one of a series of the Environmental Horticulture Department, Florida Cooperative Extension Service, Institute of Food and Agricultural Sciences, University of Florida. Publication date: October, 1999 Please visit the EDIS Web site at http://edis.ifas.ufl.edu.
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Description

Fact Sheet FPS-424 October, 1999



Figure 2. Shaded area represents potential planting range.

Foliage

Leaf arrangement: most emerge from the soil, usually without a stem Leaf type: simple Leaf margin: undulate Leaf shape: orbiculate Leaf venation: palmate Leaf type and persistence: deciduous Leaf blade length: 18 to 36 inches Leaf color: green Fall color: no fall color change Fall characteristic: not showy

Flower

Flower color: orange; yellow Flower characteristic: summer flowering

Fruit

Fruit shape: round Fruit length: 3 to 6 inches Fruit cover: dry or hard Fruit color: brown Fruit characteristic: persists on the plant

Trunk and Branches

Trunk/bark/branches: typically multi-trunked or clumping stems

Current year stem/twig color: not applicable Current year stem/twig thickness: not applicable

Culture

Light requirement: plant grows in full sun Soil tolerances: acidic; grows submerged in water Drought tolerance: Soil salt tolerances: unknown Plant spacing: 36 to 60 inches

Other

Roots: not applicable Winter interest: no special winter interest Outstanding plant: plant has outstanding ornamental features and could be planted more Invasive potential: potentially invasive

Pest resistance: long-term health usually not affected by pests

Use and Management

Lotus plants are extremely aggressive and should be planted into containers in the water garden to keep them from escaping and permanently rooting into the soil beneath the water. Once they become established in the soil, they are difficult to get rid of. Containerizing plants is a good way to enjoy Lotus without the danger of them becoming invasive in the pond or lake.

Lotus should be planted in a container filled with garden soil or potting mix. A shallow and wide container shape is better than a tall, narrow container. The garden soil can be mixed with one-fifth well decomposed cow manure. Incorporate fertilizer at an equivalent rate of about one-quarter cup 10-10-10 per gallon of soil or media to help stimulate growth. Before filling the container, place a small plastic bag filled with sand at the bottom of the container to keep the container from floating in the pond. Plant the rhizome at the edge of the container so it can grow horizontally across the top. Place a 1- or 2-inch layer of sand or gravel over the top of the media after the rhizome is planted in the pot to keep media and soil in the container. Lower the container into 6 inches of water until growth begins. Then it can be set so the bottom of the container is no more than 18 inches below the water surface. If the water is too deep, place a brick or concrete block under the container. Do not construct containers from treated lumber since growth could be severely inhibited.

Small cultivars are better suited for a smaller garden and could include 'Momo Boton' with rose-colored flowers and smaller leaves than the species. The native Lotus, Nelumbo lutea has light yellow flowers and is hardy into USDA hardiness zone 4.