Introduction

Dwarf Natal Plum is an evergreen ground cover that is known for its attractive foliage, flowers and fruits. This dense, spreading plant will reach a height of only 12 to 18 inches. The Natal Plum has small, leathery, ovoid leaves that are dark green in color accompanied by sharp, bifurcate (forked) spines about 1 ½ inches long. White, star-shaped flowers that are 2 inches wide appear throughout the plant in the spring. The fragrant flowers are solitary and have overlapping petals. Bright red fruits are about 2 inches long and ripen throughout the year. They are plum-shaped berries occasionally used for jellies and preserves. Twigs bleed a milky sap when they are injured.

General Information

Scientific name: *Carissa macrocarpa*
Pronunciation: kuh-RISS-uh mack-roh-KAR-puh
Common name(s): Dwarf Natal-Plum
Family: Apocynaceae
Plant type: ground cover
USDA hardiness zones: 9B through 11 (Fig. 1)
Planting month for zone 9: year round
Planting month for zone 10 and 11: year round
Origin: not native to North America
Uses: bonsai; border; mass planting; container or above-ground planter; ground cover; small parking lot islands (< 100 square feet in size); medium-sized parking lot islands (100-200 square feet in size); large parking lot islands (> 200 square feet in size)
Availability: generally available in many areas within its hardiness range

Description

Height: 1 to 2 feet
Spread: 4 to 8 feet
Plant habit: spreading
Plant density: dense
Growth rate: moderate
Texture: fine

Foliage

Leaf arrangement: opposite/subopposite
Leaf type: simple
Leaf margin: terminal spine
Leaf shape: ovate
Leaf venation: pinnate
Leaf type and persistence: evergreen
Leaf blade length: 2 to 4 inches
Leaf color: green
Fall color: no fall color change
Fall characteristic: not showy

Flower

Flower color: white
Flower characteristic: summer flowering; pleasant fragrance

Fruit

Fruit shape: oval
Fruit length: 1 to 3 inches
Fruit cover: fleshy
**Fruit color**: red
**Fruit characteristic**: suited for human consumption; persists on the plant

**Trunk and Branches**

**Trunk/bark/branches**: typically multi-trunked or clumping stems
**Current year stem/twig color**: green
**Current year stem/twig thickness**: medium

**Culture**

**Light requirement**: plant grows in part shade/part sun
**Soil tolerances**: clay; sand; acidic; alkaline; loam
**Drought tolerance**: high
**Soil salt tolerances**: good
**Plant spacing**: 36 to 60 inches

**Other**

**Roots**: not applicable
**Winter interest**: no special winter interest
**Outstanding plant**: not particularly outstanding
**Invasive potential**: not known to be invasive
**Pest resistance**: long-term health usually not affected by pests

**Use and Management**

The Natal Plum is very effective as a hedge or foundation plant, but this species is small, hugging the ground. This habit makes it well suited for planting as a ground cover where an established stand with its dense canopy will prevent weed growth. This Natal Plum is very effective beneath or in front of tall shrubs or small trees to help set them off in the landscape. Dwarf Natal Plum is superb for coastal landscapes and will grow up to the first dune.

Grow this plant in full sun to light shade on a well-drained sandy soil. Roots can rot if soil is poorly drained. It is highly drought and salt tolerant requiring no irrigation once established.
Pests and Diseases

Florida red scale is a common pest. Foliar bacteria and root rots can also be troublesome.