

Cooperative Extension Service Institute of Food and Agricultural Sciences

Aptenia cordifolia¹

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Introduction

Inch long dark green foliage and bright red, aster-like flowers combine to make Baby Sunrose a spectacular hanging basket or ground cover for small, exposed, well-drained gardens (Fig. 1). Glossy foliage sparkles in the sun forming a supurb backdrop displaying the 3/4 inch blossoms nearly year-round. The moderately thick, succulent stems are flexible and easily snapped. They appear to crawl along the soil and hug the ground forming a tight, almost clipped appearance. Plants grow no taller than about 3 to 4 inches.

General Information

Scientific name: Aptenia cordifolia Pronunciation: ap-TEE-nee-uh kor-dif-FOLE-ee-uh Common name(s): Baby Sunrose Family: Iozoaceae Plant type: ground cover USDA hardiness zones: 10 through 11 (Fig. 2) Planting month for zone 10 and 11: year round Origin: not native to North America Uses: hanging basket; cascading down a wall; ground cover; mass planting Availablity: somewhat available, may have to go out of the region to find the plant

Description

Height: 0 to .5 feet Spread: depends upon supporting structure Plant habit: prostrate (flat)



Figure 1. Baby Sunrose.

Plant density: dense Growth rate: slow Texture: fine

Foliage

Leaf arrangement: opposite/subopposite Leaf type: simple

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Figure 2. Shaded area represents potential planting range.

Leaf margin: entire Leaf shape: ovate Leaf venation: none, or difficult to see Leaf type and persistence: evergreen Leaf blade length: less than 2 inches Leaf color: green Fall color: no fall color change Fall characteristic: not showy

Flower

Flower color: red **Flower characteristic:** spring flowering; summer flowering; fall flowering

Fruit

Fruit shape: unknown Fruit length: unknown Fruit cover: unknown Fruit color: unknown Fruit characteristic: inconspicuous and not showy

Trunk and Branches

Trunk/bark/branches: not applicable Current year stem/twig color: green Current year stem/twig thickness: medium

Culture

Light requirement: plant grows in full sun Soil tolerances: acidic; slightly alkaline; sand; loam; Drought tolerance: high Soil salt tolerances: unknown Plant spacing: 24 to 36 inches

Other

Roots: not applicable
Winter interest: no special winter interest
Outstanding plant: plant has outstanding ornamental features and could be planted more
Invasive potential: not known to be invasive
Pest resistance: long-term health usually not affected by pests

Use and Management

More often grown in a hanging basket in well drained media, its small stature and slow growth make it suited for a ground cover in a small landscape or rock garden. Locate it in front of an upright, grass or grass-like plant such as one of the ornamental grasses, Africa Iris or Spartina to make a stunning, contrasting combination.

Be sure to locate Baby Sunrose in the full sun, and keep the soil on the dry side once it becomes established to prevent root rot. It is best suited for a coastal landscape where wind and sandy soil keep the soil dry. A light fertilization two or three times during the year should be all the plant needs to maintain a good appearance. After watering plants in containers, be sure to allow the media to become fairly dry before the next irrigation. Established landscape plants should require little if any irrigation in most years. Do not plant in a landscape soil unless it is very well-drained.

Pests and Diseases

If soil is kept too moist, roots can rot causing poor growth, chlorosis and plant death.